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VISITORS TO THE MONROE INSTITUTE

by Dave Wallis

Dave first became involved with The Monroe Institute as a volunteer primarily in the research laboratory, where he designed the systems and installed the electronics, and served as a technician during EXPLORER sessions. He consistently worked with TMI in a variety of areas as a technical consultant, and in May of 1990 he joined the staff as a full-time systems test engineer in charge of Hemi-Sync® hardware development.

As knowledge of The Monroe Institute and the Hemi-Sync technology has spread globally, both inquiries and visitors from exotic locales have increased. These visitors are eager to meet with staff members, tour the research laboratory, and if they are really fortunate, enjoy lunch and conversation with Bob Monroe. Although the backgrounds, interests, and education of our overseas visitors can vary widely, there is one recurring theme—the desire to go beyond the conventional or the generally accepted body of knowledge in science, religion, medicine, or psychology. In Bob's words, they are seeking a different overview, or a way of explaining or understanding phenomena that are either not well understood or even accepted at the present time.

For example, Shin-Ichiro Terayama and Koshiro Otsuka of the Japanese Holistic Medical Society staff in Tokyo came to TMI a while back. Their interest: adapting the Hemi-Sync process to nontraditional medicine and alternative healing methods they are researching. The *EMERGENCY SERIES* and other Hemi-Sync tapes are an appealing drug-free approach to stress management (intense stress and its related medical problems are most unwelcome realities in Japanese society today). Their intent was primarily that of fact-finding, getting to know us and to understand the ongoing work of Professional Division members conducting related research. Now the groundwork has been laid for future cooperation and consultation.

Then there was Pradeep Dadoo from New Delhi, India. This young man spent a day here for technical briefing and brain mapping. He is one of the few people we have brain mapped while moving "Kundalini energy" up his spine with mental control. Pradeep is a teacher of Vedantic meditation to promote spiritual growth, develop creativity, evolve perspective, and eliminate tension (purposes quite similar to those of our tapes and programs). Extensive discussions and brain mapping analysis allowed comparison of his approach with Hemi-Sync. The latter appeared to be at least as effective and is likely to be more acceptable to technologically oriented Westerners.

French author Pierre Jovanovic visited the Institute for the second time this year to complete interviews and assemble final documentation for a chapter in his upcoming book. Due to be

published next year in France, it focuses on angels, “channeling,” and related phenomena. TMI’s work in the Brainmapping Project analyzing several individuals during channeling/communication with their inner guidance will be highlighted. Detailed analysis of this type of brain map data has made the creation of optimal advanced Hemi-Sync sound patterns a reality. These are now used very successfully in the *GUIDELINES*® program for teaching participants how to get in touch with their inner guidance and how to be open to the resulting information flow.

Late in September, three fascinating Russian visitors arrived, courtesy of Dr. Vernon Sylvest, founder of the Institute of Higher Healing in Richmond, Virginia, and sponsor of their United States tour. Dr. Irena Harisov and her husband, Dr. Nikolai Harisov, are psychiatrists at one of the larger medical research institutes in Moscow. They were very interested in investigating Hemi-Sync’s capability to promote and support enhanced, focused states of consciousness and its possible applications in non-drug therapy. The doctors also expressed a desire to sponsor a meeting next year in Moscow to present The Monroe Institute and Hemi-Sync. With the disappearance of the Iron Curtain, there is a real hunger for ideas and technology from the United States and a desire to import ideas and methods of enabling people to achieve expanded states of awareness.

Accompanying the Harisovs was Vladimir Iliyn, PhD, head of the psychotherapy department and an alternative medicine branch of the I. M. Schenov Medical Academy in Moscow. Dr. Iliyn has been involved with evaluating various types of alternative medical treatment methods or, as he describes it, “complementary medicine.” He was most intrigued by our research with electroencephalographic (EEG) biofeedback training to use Hemi-Sync for achieving and maintaining very precise and controlled states of consciousness. He also encouraged TMI representatives to visit Russia for both lecturing and working with researchers there.

An unbelievable array of people with goals very similar to our own turn up here in Faber, Virginia. We all share a desire to make the world a better place in which to live, and Hemi-Sync can play a significant role in achieving that end.

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